



Sanford Cecil Garland

January 11, 1948 - January 31, 2021

Sanford Cecil Garland
Garland Construction

Sanford Cecil Garland of Kathleen died Sunday January 31, 2021 at Lakeland Regional Medical Center. He was 73 years old.

Born in Pontiac, Michigan on January 11, 1948. He became a Florida Resident in 1956.

Sanford graduated from Kathleen High School. He attended Polk Community College and Florida State University. He ran track for FSU during his college years and his friends and teammates knew him by Sandy. Sanford was not just into track but he truly was a sports enthusiast. You could always catch him cheering on his teams. After graduation from FSU, he thought he would like working for a big corporation, but Lakeland was always his home. He decided quickly thereafter he would come back home and go into business for himself. He was always good with his hands and used this skill to own and operate Garland Construction. He left his mark on this world through his character, his relationships, and the projects he built.

Preceding him in death by his parents Cecil Woodrow Garland and Clara Feist

Garland. His survivors include his sister Gloria Fraser (Larry), Gary Lee Garland, Philip John Garland (Patricia), and Jeffrey Allen Garland. Numerous nieces and nephews also survive him.

Anyone who encountered Sanford instantly knew the man he was. He was a loving man, devoted to his parents, family, friends, and his furry friends, Betty Lou and Kings. He was a man who brought comfort to those around him and was always willing to help. Sanford will always be remembered for his love and for his attitude that "Life is Just a Piece of Cake".

The family will receive friends from 4-6 pm Friday, February 5, 2021 at Music Ranch in Lakeland, Florida. 1920 Banana Road, Lakeland, FL, 33810.

In Lieu of flowers, the family asks that donations be made in Sanford's honor to the Humane Society of Polk County, 3195 Dundee Road, Winter Haven, FL 33884.

Previous Events

Celebration of Life

FEB 5. 4:00 PM - 6:00 PM (ET)

Music Ranch
1920 Banana RD
Lakeland, FL 33810

Tribute Wall



“ Sanford Cecil Garland

November 17, 2022 at 10:14 AM



“ 1 file added to the album Sanford and Bridgett



Gloria Fraser - April 18, 2021 at 09:32 PM



“ I remember when Sanford and Chris both had motor scooters. The cottage on the river that he shared is gorgeous. A very nice picture. God bless the family. Julie Gates

Julianne S Gates - February 05, 2021 at 01:13 PM



“ 1 file added to the album Life of Sanford



Gloria Fraser - February 05, 2021 at 08:47 AM

JG

THat was awesome. So many memories. He is at rest and once again healthy. Julie Gates

Julianne S Gates - February 05, 2021 at 12:56 PM

CS

Carolyn Garland Sutton, this video brought back so many memories. I am so glad that I got to see my handsome cousin this last time! I remember the last time we all went out when Sandford came to Ga. We had a really great time! I will never forget that smile he had, he had gorgeous dimples! He is at rest back with Uncle Cecil, (his Dad) and his beautiful Mom, (Aunt Clara Garland)! Couldn't have asked for any better family if I had searched the world over! Love you all now and forever! Carolyn

Carolyn Garland Sutton - February 06, 2021 at 01:09 PM

GW

Beautiful tribute. He was a good man. All the Sanford guys were always gentlemen. ❤️

Gwen - February 06, 2021 at 02:58 PM

GW

Garlands

Gwen - February 06, 2021 at 02:59 PM

DM

*What a beautiful tribute of Sanford's life. Sanford was one of the kindest individuals I have ever met. The lives he touched is remarkable and shows in his character. RIP Sanford until I see you again ❤️❤️❤️
Debbie Miller*

Debbie Miller - February 09, 2021 at 10:25 PM

 Kathy
Wilson

*What a beautiful video of a kind man with your family
Prayers go out to the family
Love Kathy*

Kathy Wilson - February 17, 2021 at 11:51 AM

HS

Dearest Gloria - What a beautiful tribute to Sanford! My heart was so full watching it. Love to you and your family, Candis (aka Heather Spring)

Heather Spring - October 24, 2022 at 05:36 PM

PS

I knew and loved Sanford in the Michigan summers of 1968 and 1969. We met at Cass Lake where instant chemistry guided us. I was a 19 year old MSU student home for the summer. He was a Florida State student working a summer job in construction. Summer days, summer nights. We kept in touch over the next two years. He in FL. me in MI Distance was not on our side. I ended up marrying my husband in 1972. That was my last contact with Sanford. My girl friend Cyndy and I referred to him as San the Man. I loved him. I always will. I just looked him up two days ago, found he had died, then sobbed for half an hour, took a dog walk in the woods along the Susquehanna River and thought of him and our relationship. He's in my heart..forever. I have a facebook page Paulette Smyth. My maiden name is Geiger from Royal Oak, Michigan. Paulette3cats@gmail.com I live in Havre de Grace, MD. I watched the video. I would love to know more about his life. Sending my condolences to all his family. Paulette Geiger Smyth

Paulette Smyth - May 21, 2025 at 07:39 AM