



Karen Beth Schick

June 23, 1956 - February 5, 2016

Karen Beth Schick, 59

Dr. Karen Beth Schick passed away in Tampa, Florida on February 5, 2016 at the age of 59.

Karen is survived by her mother, Renne Schick of Bay Harbor, FL; husband, Dr. Mark Helm; children, Rachel, Emily and Eric Helm; and sister, Debra Theaman of Pembroke Pines, FL. She is preceded in death by her father Elliott Schick, of New York, New York.

Karen was born on June 23, 1956 in New York, New York to Elliott and Renne Schick. At the age of 5 her family moved to Miami Beach, Florida, where she lived until finishing high school at age 16. Karen's earliest Floridian memory was when her Kindergarten teacher gave her a piece of a very strange fruit called coconut. She remembered chewing and chewing on the coconut all day, unable to swallow it but afraid to spit it out and offend her teacher.

The feelings and well-being of others was always the driving force in her life. After graduating from Duke University in 1976 with a degree in Psychology, she attended the University of South Florida where, in 1979 at age 22, she received her Doctorate of Medicine. Karen then went to Charleston, South Carolina to complete her training as a pediatrician, officially becoming a tiny

doctor for tiny humans.

While in Charleston she met another nice young doctor named Mark. Together they moved to Lakeland, Florida, where they were married in 1985. Around this time Karen opened her pediatrics practice on South Florida Avenue in Lakeland, where she fulfilled her passion of caring for children and their families for over 30 years. She had three children of her own and raised them in her office, where they filed charts, restocked bandaids, handed out stickers to patients, and learned how to care for others by watching their mother.

Never one to waste a moment, Karen filled her time with friendship and activity. She was a dedicated member of the Temple Emanuel community for decades. Her involvement with many community organizations helped raise funds for READ Lakeland, as well as numerous cancer research and patient support organizations, and participated in as many charity runs as possible, often multiple in the same afternoon. She completed several medical mission trips to Port-au-Prince in Haiti, where she arrived with medical equipment in one hand and a suitcase of toys and clothing in the other.

Every year Karen and her mother Renne would travel together, seeing much of the world over the years. If you knew her well, you may have seen her photo albums from some of these trips. If you knew her very well, you may have seen them several times.

After sending three children into the world and finding her nest empty, Karen found her late-in-life passion for Zumba. What started as just a group exercise class became her new community and lead to some of her strongest friendships. Her favorite color was “all of them,” her favorite type of party was a themed party involving costumes. If you are reading this, she loved you.

A funeral is scheduled for Sunday, February 7th, 1PM at Temple Emanuel, 600 Lake Hollingsworth Drive, Lakeland, FL 33803. All are welcome to attend and celebrate Karen's life. In lieu of flowers, please send donations to the American Cancer Society at 1920 S Florida Ave, Lakeland, FL 33803. The family would like to thank the physicians and staff at Lakeland Regional Health and Moffitt Cancer Center for the compassionate care she received.

Cemetery Details

Temple Emanuel Cemetery

4620 US Highway 98 South
Lakeland, FL 33812

Tribute Wall



“ *Dr. Schick was amazing. She was my primary doctor when going through leukemia when I was younger. She was so caring, that she helped me get the proper counseling when I was going through that difficult time. When I had a son, I took him to her. And she even remembered me. Rest in peace Karen, you will be missed and always remembered!* ”

Ivy Gilstrap - February 24, 2017 at 04:59 PM

TQ

“ *I have taken my children to Dr schick for many years. She was kind and a very good doctor. I wouldn't have chosen anyone else to put my kids in their hands. She was always smiling and she knew my children well and treated them as her own. I am deeply heart broken and my prayers and condolences go out to everyone she knew. You are loved and will always be remembered Dr.Schick. Rip* ”

TERA Quewel - February 20, 2016 at 10:13 AM

PB

“ *Karen, I am so thankful to have you in my life as a dear friend to me and my family. I will miss you so much and will think of you often. I know your running free of pain in heaven with my mom and watching over your family. May your memory forever be a blessing. I just heart broken your gone but you will never be forgotten. Pam* ”

pamela barron - February 11, 2016 at 12:37 PM

DT

“Karen is my sister and best friend ! She was the best sister, wife, mother, daughter , aunt doctor and friend to so many people! I was so lucky to have her in my life! Her memory will live on and she will always be remembered! Karen you are part of me!!! I love you and miss you so so much!

Debbie Theaman - February 11, 2016 at 10:04 AM

PC

“Dr. Schick cared for my 7 children and 2 of my grandchildren, she was the best, always a smile on her face as I remember her. You will be missed tremendously. May you sleep in heavenly peace. Condolences to the Schick family. God bless.

Peggy Cardines - February 08, 2016 at 01:51 PM

LM

“I remember Karen as a mom. We chaperoned field trips together for our children though out Elementary and Middle School. My first memory of Karen was when our youngest were both waiting for their big sisters at dance class. She brought the game Candy Land to keep Eric occupied and my daughter was invited to play as well. They both made up their own rules of how to play - at Karen's suggestion! She was always concerned with making sure that her children knew they were a priority - and I'm sure they did.

Lauren Magnusson - February 08, 2016 at 10:56 AM

DE

This is also my connection- as Eric's kindergarten teacher. Prayers for the family- Debbie Woods Schultz

Debbie - February 08, 2016 at 01:33 PM



“ *An amazing woman and Doctor.. She has been my child's pediatrician since birth 8 yrs ago. Mrs Shick has helped me tremendously with my son who suffers from severe allergies and A.D.H.D. She will be deeply missed, but forever loved in our hearts!!! GOODBYE may you Rest In Peace!!*

Alesia Neely - February 08, 2016 at 09:37 AM

LA

“ Our hearts are broken. I found out about the passing of Dr. Schick Friday night. She had been my pediatrician long ago. When I became pregnant with my son in 2007, I think deciding his doctor was easier than picking his name. I knew he would also see Dr. Schick. For almost 9 years, she watched my son grow and was so kind to him, always. She did everything she could to try to find a diagnosis for him, not willing to simply put him on meds and cover up the issue. We will be getting results from testing on the 23rd, which should finally provide the answers we've been looking for all these years, and I'm devastated I won't be able to share this with her now. She not only cared for my son, but she cared for me. She always asked me how I was doing, how I was coping.. it was never a quick in and out. She truly cared about both of us.



I talked to my son on Saturday morning.. he was so brokenhearted. He said he'll never go to the doctor again because he doesn't want a new one. He added that he doesn't even want to go to her office again since she's not going to be there and doesn't want to see someone replace her.

He said he will never forget her smile or her laugh. I don't think anyone will.

You've been a part of our lives for almost 30 years and will be missed so much, Dr. Schick. Thank you for all that you have done. You've touched more lives than you probably ever realized.

Prayers to your family and office staff.

Laura - February 08, 2016 at 08:45 AM

TG

“ Praying for peace to the family. Dr. Schick was a godsend for me when my kids were younger and their other pediatrician couldn't seem to ever get my kids well. Even when I felt like I knew what they needed, and didn't feel they were listening. I found Dr. Schick, and my kids were happier and healthier. She listened and acted on my concerns and hers. My kids were better in health because of her. I am so saddened by her passing. She will be missed. An awesome lady.

Twana Garrett - February 07, 2016 at 11:36 PM

RO

“ She has been our pediatrician for many years she was an amazing person and took such great care of my children she will be greatly missed

Robin - February 07, 2016 at 08:39 PM

DR

“ She was my children's first doctor after they were born. She was always smiling and making the visits for my kids easier. Remember her bringing her daughters to the office. She was the best there was. She will be missed. Prayers for your family.

Deena Raulerson

Deena Raulerson - February 07, 2016 at 06:44 PM

RS

“ WHEN WE MOVED TO LAKE LAND DR. KAREN SCHICK WAS THE FIRST DR., WE MET AS MY SON SHANE WAS HAVING A SEVERE ASTHMA ATTACK WE WENT TO LRMH ER AND THANK GOD SHE WAS THERE, FOR SHE WOULD NOT GIVE UP ON HIM AND FOR THAT I WILL BE ETERNALLY GRATEFUL. SHE ALSO TOOK CARE OF MY GRANDCHILDREN AND MY GREAT GRANDCHILDREN.....MY THOUGHTS AND PRAYERS ARE WITH YOU ALL. WE ARE BETTER PEOPLE BECAUSE WE GOT THE PRIVILEGE TO MEET AND KNOW DR. KAREN SCHICK.....

ROSALIE SHANK - February 07, 2016 at 05:54 PM



“ Dr. Schick was a very kind, compassionate doctor. She truly cared about her patients and their needs. She has been my grandchildren's doctor since they have been born. I will truly miss you Dr. Schick. R.I.P.

Lisa Shank - February 07, 2016 at 05:03 PM

JE

“ Dr. Schick was my Dr as a child and I choose her to be the Dr of all 3 of my children. She was patient, kind, understanding, and one of the best women I had the privilege of knowing. She will surely be missed. Thanks for all you've done for my family and I. My thoughts go out to your family, friends, coworkers, and all the families who you've touched throughout your career. Jennie Meyers

Jennie - February 07, 2016 at 11:24 AM

KG

“ Dr Schick has been my kids doctor for over 20 years & now sees my grandchildren also. She was a wonderful doctor & you could always count on her when needed. She has always been there to help the kids with the loss of their father. She will truly be missed. It will be hard to go to the office & not see her smiling face. Your family is in my prayers. RIP Dr Schick. We love you. Kelly Gonzalbez, Daniel & Tiffany Prine, Miguel Maldonado, Luis & Christian Villanueva.

Kelly Maldonado Gonzalbez - February 07, 2016 at 06:56 AM

TB

“ Dr. Schick was ALWAYS happy to see my kids and she was heartfelt when she heard my husband has cancer , she was a HUGE supporter of my recovery and she has been my kids Dr for 22.5 years and she was also my grandsons Dr. My girls Kayla , Faith , Drew , and Ally all cried along with my husband and I . Nothing will ever be the same when I take my kids in for an appointment, she had a beautiful smile that made you feel welcomed every time we came in. She was just THE BEST and its going to be hard going in for an appointment and shes NOT there like ALWAYS!

R.I.P. DR. KAREN BETH SCHICK

YOU WILL NEVER BE FORGOTTEN
WE LOVE AND ARE GOING TO MISS YOU
LOVE ALWAYS AND FOREVER ,
Joe & Tammydee
Allison Cody
Andrew
Kayla
Faith Ann
The Barrett Family of Lakeland., Fla

Tammydee Barrett - February 07, 2016 at 12:13 AM



You were there for us when our boys were sick. You sat with us when we waited for test results and you took us into your heart and your home as friends. Joy and I will hold you forever in our hearts as one of the finest, nicest people we have ever known. May God send His comfort to your beautiful family. You will be remembered for as long as those who knew you take a breath. Rest in Peace beloved Lady.

Jim, Joy, Chris, James and Jaiden Stephenson

Jim Stephenson - February 07, 2016 at 11:57 AM



Dr. Schick cared for a dear friend's children, the two boys both with cystic fibrosis. The love, care and concern that she and her staff showed to all of the children in their charge was truly inspirational. She will be missed by her patients and the pediatric community. Thank you for your years of care for our children. Rest well, dear healer, lady and friend.

Paul T. Garrett - February 07, 2016 at 10:59 PM